

for *your* HEALTH

www.BarnesCare.com

EYE INJURIES IN THE WORKPLACE

The majority of eye injuries occur when employees are not wearing eye protection or from improper or poorly fitted eyewear. It is estimated that 90% of eye injuries can be prevented through the use of proper protective eyewear.

Three out of every five workers injured in the workplace were not wearing eye protection at the time of the accident. When eyewear is worn, studies have shown that 50% of workers injured while wearing eye protection had minimized injuries.

What Causes Eye Injuries?

- Not wearing eye protection
- Wearing the wrong kind of eye protection for the job
- Flying particles
- Contact with chemicals

How Can You Prevent Eye Injuries?

- Always wear effective eye protection.
- Eyewear should be the appropriate type for the job.
- Eyewear should be properly fitted.
- Eyewear should allow for air to circulate between the eye and the lens.
- For the best protection, goggles should be worn with face shields.
- Always know when eye protection is needed. If you are hesitant, ask your employer when eyewear is required.
- Make sure eyewear is properly maintained. If scratches or dirt is visible, the eyewear will not be effective and could contribute to an accident.

When an eye injury occurs:

- Don't try to remove an object that's been embedded in the eyeball
- Don't rub the eye
- Don't try to remove a large object that makes closing the eye difficult

Seek immediate medical assistance when:

- You can't remove the object
- The object is embedded in the eyeball
- The person with the object in the eye is experiencing abnormal vision
- Pain, redness or the sensation of a foreign body in the eye persists after the object is removed

